



ADRA



SCHOOL LIAISON TEACHER INFO PACK

SCHOOL AMBASSADOR PROGRAMME

SCHOOL LIAISON TEACHER

**THE ROLE OF THE SCHOOL LIAISON TEACHER
IS TO SUPPORT THE ADRA AMBASSADOR IN YOUR
SCHOOL. IN TURN, ADRA IS RIGHT THERE, SUPPORTING YOU!**

The suggested rhythm for support each term is the same.

WEEK 1 Initial Meeting <ul style="list-style-type: none"> • Discuss Goals • Open the Challenge • Create a plan for the term 	WEEK 3 Follow-up Meeting <ul style="list-style-type: none"> • Check in on progress • Ask if they need support • Follow-up on planning 	MID TERM Follow-up Meeting <ul style="list-style-type: none"> • Check in again as they implement their plan • Praise the Ambassador as they pull it off 	END OF TERM Term Wrap-Up Meeting <ul style="list-style-type: none"> • Debrief • Celebrate • Share stories with ADRA
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The goal is that the Ambassadors are as independent as possible, but have emotional and practical support along their journey. They have plenty of scope for personal development and challenge. Thanks for truly listening to them—their struggles and successes—it brings so much more depth to their experience. You might just be the person who helps them believe they can achieve anything!

At the end of the year, ADRA will work closely with you in preparing to acknowledge the School Ambassador at Graduation in a way that fits the School culture. A Certificate and brief video thank you message from the ADRA team may be part of this acknowledgement.

For ADRA related questions throughout the year, contact Sarah or Keryn 0800 499 911, or check out the website for more ideas and info!

LET'S MAKE AN IMPACT

TERM 1

The Challenge in Term 1 is about building awareness of ADRA and fundraising.

The Ambassador may need encouragement and practical support as they need to speak in assembly.

Set goals early on, check in on them, so that support can be offered early, and they can feel success in this new role they are embodying.

Find a way to celebrate together!

TERM 2

The Term 2 Challenge is bigger and higher stakes. The Ambassador will need to plunge time and energy into the service challenge very early in the term. Meet in week 1.

Request to see the planning and progress frequently. Monitor how things are coming along, and make helpful suggestions (like delegating, expanding or shrinking the plan).

Be sure to take photos of the journey, and celebrate the success of growth together!

TERM 3

The most exciting Challenge yet!

Review what you've observed in your Ambassador over the first 2 terms. How is their time management? Communication? Attention to detail? Delegating skills? Big picture planning?

Have your meeting in week 1, as the Ambassador will need all the time they can get to meet the Challenge! Be bold in discussing the above questions. Offer strategies that have worked for you or colleagues. Keep checking in through the term!

TERM 4

Time to mix art, inspiration, humanitarianism and the best of your Ambassador's skills.

This term Challenge requires the Ambassador to pull a team of varying skills together, and get them to collaborate. Perhaps suggest that the Ambassador checks in with your Geography, Social Studies, Science and Philosophy teachers, as they may be able to nominate some enthusiastic students to join the team.

Final debrief—enjoy looking back through the journey together!

Does your school have a citizenship award? Has the Ambassador made a contribution to your school community? Or could they nominate someone in their team?

ADRA AMBASSADORS: GOAL PROMPTS FOR TEACHERS

DATE: _____

Arrange to meet with the ADRA Ambassador in the first week of Term. If possible ask them to download the Goal Setting page in advance, so they can come with some ideas of goals they would like to pursue.

The ADRA Team are committed to growing in the values of Courage, Compassion and Connectedness. Use the template below as a guide for your conversation with the Ambassador, as they set their goals. The bullet point questions are designed to be prompts to support the Ambassador to discover their deeper thoughts and feelings. The process of the Ambassador writing their own goals will help them own them more.

The Ambassador will keep their Goal setting page in their Ambassadors folder, and together you can fill in the bottom section at the end of the term.

By the end of this term, as an ADRA Ambassador, my personal goal is to ...

- What is the Challenge? What character attribute will you need to be successful?
- Is your goal specific?
- Is your goal challenging?
- Is your goal attainable?

Example: be courageous to lead in school assembly to promote our ADRA fundraiser

For what reasons do you want to achieve this goal?

- How does this goal help you in life to reach your other goals?
- What is the cost of not developing this character attribute?
- Think of the people you know. What positive things are a consequence of this character trait for them?

Example: to develop more confidence in public speaking, to develop clearer communication skills

To reach my goal I will need to do these three key steps ...

- How can you spend more time/talk to/be inspired by people achieving this goal?
 - How can you schedule this into your day and week?
 - Which people can help you stay accountable? (Through the challenges and through the success.)
- Example: 1 Write down what I will say in assembly. 2 Film myself practising, critique and improve. 3 Speak in assembly and ask for feedback from a trusted adult.*

I will know I have reached my goal because...

- Visualise how will you feel?
- What events/tasks/creations do I need to tick off?
- What will you see in the community around you as a result of meeting your goal and achieving the Challenge?

Example: I will feel proud of my effort after I have spoken in assembly, knowing I gave it my best shot!

The two things that will help me stick to my goal are ...

- How can you spend more time/talk to/be inspired by people achieving this goal?
 - How can you schedule this into your day and week?
 - Which people can help you stay accountable? (Through the challenges and through the success.)
- Example: 1 Sharing this goal with a trusted adult who will support me. 2 Choosing a time/place to practise my speech.*

Complete this section at the end of term:

What has been awesome about achieving this goal?

Example: Even though I felt nervous about speaking in assembly, I did it anyway! It felt great to get it done, and I received really lovely feedback from my trusted adult. The fundraiser was a huge success, and I feel like I really made a difference!

Was anything challenging about achieving this goal?

Example: It was really challenging to see myself practising on video. It made me realise I'm self conscious, and maybe need to work on my self esteem.

ADRA AMBASSADORS: REACHING YOUR GOALS

COMPLETE THIS SECTION AT THE BEGINNING OF TERM

DATE: _____

The ADRA Team are committed to growing in the values of **COURAGE, COMPASSION and CONNECTEDNESS**. Our Ambassador Program creates opportunity for young people to develop these life-giving values too! It is our hope that your character will flourish through these experiences, and that you will create really positive memories along the way!

Write bullet point answers below. Discuss with your School Liaison Teacher. (Keep this in your Ambassador folder, so that you can fill in the bottom section at the end of the term.)

By the end of this term, as an ADRA Ambassador, my personal goal is to ... (make it specific, challenging, attainable)

For what reasons do you want to achieve this goal?

To reach my goal I will need to do these three key steps ...

I will know I have reached my goal because...

The two things that will help me stick to my goal are ...

Complete this section at the end of term:

What has been awesome about achieving this goal?

Was anything challenging about achieving this goal?

