

Sussana is 82, a grandmother of 10 and a survivor. She recently shared her story with ADRA staff in Kenya as they delivered life-saving emergency food supplies.

"I am a peasant farmer. I have a small parcel of land, less than one acre, where I plant maize and cowpeas. In a good season, I harvest two sacks of maize and a sack of cowpeas. This is enough to last us five months.

Last November however, we harvested just one sack of cowpeas and a little maize. We used all of it in less than a month. We have been eating two meals a day, although I cannot remember the last time we ate any meal to satisfaction.

My youngest granddaughter cries for food but I don't know what to tell her. I just pray and ask her to persevere. When the older ones cry for food, I encourage them, "God will provide tomorrow."

Today, God answered my prayer. I received 29kg of beans, 45 kg of maize, 1 packet of salt and 5 litres of cooking oil.

This food is enough for our whole family to eat good meals for the next month."

Praise God for people like Sussana, who despite their circumstances remain a beacon of hope for their family. Your support of our recent Hunger Appeal is ensuring others like Sussana can have their prayers answered.

Like you, we are committed to helping people like Sussanna, not only during crisis situations, but in an ongoing capacity as we equip them with tools to avoid these situations altogether.

We need your help to raise \$100,000 before June 30. Every gift to our international development projects will be multiplied by up to 5x and will help secure sustainable food, water and income sources for families. Your \$50 today can be turned into \$250 tomorrow!

To have your gift multiplied today please complete and return the form included with this newsletter, donate online at www.adra.org.nz/multiply or call 0800 499 911.

MESSAGE FROM THE CEO

Most of us have no idea what it is to be hungry. Like many of us, my kids sometimes get home from school saying 'we are starving'! Fortunately, they (and I) know that it is an exaggeration. The continuing crisis in East Africa is no exaggeration - 20.4 million people are facing real starvation right now!

But, thanks to you and others just like you ADRA has already assisted 307,450 children, women and men. This would not be possible without you – thank you!

If you haven't already, please take a moment to read Sussana's story on Page 1 to get a glimpse of the impact you are having on people facing this deadly crisis. On Page 3 you will also find stories of great hope from our work at home and overseas and on Page 4 are some insights into what others are doing — and what you CAN do—to make a difference this year.

One of the easy, but deeply meaningful ways you can make a difference right now is by completing and returning the survey included with this newsletter. Your responses will help us better serve both people in need, and you as one of our dear supporters. You can simply complete and return the survey included or head to www. adra.org.nz/survey to complete it online before June 30.

The team here at ADRA New Zealand is committed to helping you make a difference through your prayers, giving and service. It is of great comfort and encouragement to know

you have committed to partnering with us to help families at home and overseas thrive. Thank you!

If you have any questions please don't hesitate to contact us on 0800 499 911 or email adra.info@adra.org.nz



PRAYER REQUESTS

Please join with us as we pray for the following:

East Africa Crisis | Please continue to pray for the protection of families facing famine in East Africa, and for the ADRA staff who work tirelessly to support those in need.

Project Funding | We are planning to start new projects in places including East Timor, Vietnam, Fiji and Cambodia in the next 12 months. Please pray for this process and adequate funds to make these plans a reality.

ADRA Connections team | In July a team of volunteers from New Zealand will be serving in Vietnam. Please keep their efforts and preparations in your prayers.

UPCOMING EVENTS

AUGUST 15 | CTP APPLICATION DEADLINE

Get your applications in today!

OCTOBER | ADRA APPEAL

Everybody can do something! Register online at www.adra.org.nz/dosomething

NOVEMBER 26 | ADRA CHARITY RUN, AUCKLAND

Register online at ww.adra.org.nz/run

ENCLOSED SURVEY

Please complete and return the included survey! Your responses will help us increase our impact and improve the way we communicate with you. The 5-min survey can be completed online at www.adra.org.nz/survey

HOME AND OVERSEAS



OUR WORK AT HOME | BRITTANY'S STORY

You either know it from experience or through observation — being a young person is tough. Between the ages of 10 and 24, young people face unprecedented pressures, make life-altering decisions and experiment with risky behaviour. Young people will often look to those around them as a reference point in navigating their lives which is why surrounding young people with love and support is so important in encouraging positive growth.

Brittany discovered the power of mentoring from an early age. Since the age of 13, Brittany has been surrounded with love and support through the 360 Youth Mentoring programme — a partnership between ADRA and the Papatoetoe Seventh-day Adventist Church in South Auckland.

Now 22, Brittany is serving as a mentor to other young people in the programme. Why? Because of the positive experiences she had and the recognition that it made a positive difference in her life. In particular, Brittany plays a vital role in organising and leading the Venus girls retreat. The retreat is an intensive weekend focused on developing high-school aged girls into fearless and strong young women.

"Venus helps young girls discover their identity, there is a range of activities specifically designed to help girls form meaningful friendships with one another and express themselves in a safe and inclusive environment," she said.

"It is through youth mentoring programmes, such as Venus, that we hope more young people will grow into positive role models for the next generation to come."

You and your church can make a meaningful impact on your community, through the Community Transformational Partnership Programme. Learn more today www.adra.org.nz/ctp

OUR WORK OVERSEAS | NAN'S STORY

Like many girls in her village in Myanmar, Nan Lyen married young. It was only six months into her marriage that she discovered she was pregnant. Rather than sharing the joy most fathers have, her husband was not ready for the responsibility of a child and left her and their unborn child to look after themselves.

Alone and pregnant, Nan had no other choice but to return home to a crowded house already struggling to make ends meet. In order to help support her mother and five siblings at home, Nan began growing maize. After the birth of her son it became difficult to continue farming and take care of him at the same time.

When Nan learnt about ADRA's handicraft programme, she jumped at the opportunity to join. By learning how to knit bags, scarves, hats and jumpers, Nan could stay at home and care for her baby.

It's been a year since her husband left and Nan has a beautiful son she loves and a new passion for knitting. Each week Nan takes her knitting to the local market and earns 5000kyat (\$5.00 NZD). It might not seem much, but for Nan it is life-changing. With this, she can buy food and clothes for her child and whatever else she can to support the rest of her family.

She is pursuing her dream of starting her own clothing business and

hopes one-day her son will one-day become a doctor. Your support of ADRA is changing lives! Did you know — donations to ADRA New Zealand's International projects are matched up to 5x.

Learn more and multiply your gift today at www.adra.org.nz or call 0800 499 911





ARE YOU READY TO SERVE? | With ADRA Connections trips to Cambodia and Vietnam already full, we've opened a new trip to Vanuatu this October. Places are still open but filling up fast! Join us 1-11 October and become part of a life-changing ADRA project. You will also have the opportunity to explore some of the great sights and culture Vanuatu has to offer. Find out more at www.adra.org. nz/connections



BISHOPDALE KIDS DO SOMETHING | The Junior Sabbath School class at Bishopdale Adventist Church (Christchurch) wanted to do something to help those around them. So, they

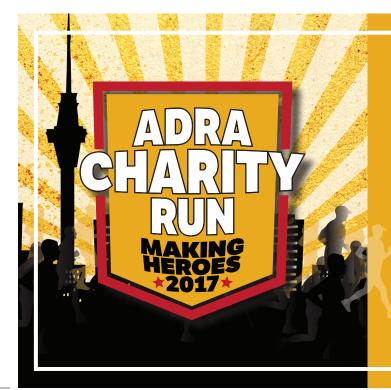
pooled their money and put it towards buying a chicken to help a family in Vietnam. Ka pai team!



SANITARIUM SPREADS HEALTH **HAPPINESS** | They're best known for tasty cereals, but the staff of Sanitarium Health and Wellbeing aren't just committed to bringing health and happiness to Kiwi families. During May they raised more than \$1,000 to support families facing starvation in Somalia. Thanks Sanitarium team!



REGISTER NOW | QUEENSTOWN CLASSIC | Last year an adventurous team of Queenstown Classic riders raised \$30 000 to help families at home and overseas thrive. Now it is your turn to be part of the adventure. Register for the Queenstown Classic, 4 - 6 March 2018 at www.adra.org.nz/queenstownclassic



RUN FOR A REASON

21km · 10km · 5km · Kids Dash PLUS Team Half-Marathon Relay

26 NOVEMBER 2017 MISSION BAY, AUCKLAND

Register now at www.adra.org.nz/run



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